

# Lunches Monday, Wednesday & Friday

TERM 1 2018

Play 12-20pm to 12-50pm Eat 12-45pm to 1-05pm

## Monday - Burger Day

Chicken	Crumbed chicken with lettuce, Tomato & Cucumber	\$4.50
Meat	100% low Fat meat burger Lettuce, Tomato, Cucumber	\$4.50
Fish	Fish patty with Lettuce, Tomato & Cucumber	\$4.50
<u>Choice of Sauces</u> Tomato, Sweet chilli, Mayo or BBQ		
Nacho's Dippers (Gluten Free)		\$4
Ravioli		\$4

## Wednesday - Italian Pasta Day

Mac Cheese	<u>Made in Canteen</u>	\$4
Pasta Bolognese	<u>Made in Canteen</u>	\$4
Nacho's Dippers (Gluten Free)		\$4
Hot Dog with sauce		\$4

## Friday Aussie Pie day

Potato beef Pie	\$4
Chicken Pie	\$4
Wedges & Gravy	\$4
Mini Party Pies (8pk Beef)	\$4
Sausage Roll	\$4
Mac Cheese	\$4
Nacho's Dippers (Gluten Free)	\$4

Tomato Sauce or Mayo                      40c each

## Drinks Menu Monday, Wednesday & Friday

<u>Juice Bombs:</u> Apple & Cola or Lime & Vanilla,	250ml	<b>\$2.40</b>
<u>Glee:</u> Rocking Rasp – Blackcurrant Burst – Tropical Treat	250ml	<b>\$2.40</b>
Other favours may be available if in stock		
<u>Master's M:</u> Chocolate or Strawberry	250ml	<b>\$2.00</b>
<u>Paradise Punch Juice Box</u>	200ml	<b>\$1.60</b>

Water

350ml

**\$1.50**



Toasties & Sandwiches are Available Monday, Wednesday & Friday

**Toasties are made with wholemeal bread only**

Simply Cheese	<b>\$3</b>
Cheese / Tomato	<b>\$3</b>
Ham / Cheese	<b>\$4</b>
Chicken / Cheese	<b>\$4</b>

**Cold Lunches**

**Sandwiches are made with wholemeal bread only**

	<u>Sandwich</u>	<u>Roll</u>	<u>Wrap</u>
Vegemite	<b>\$2</b>	<b>\$2.50</b>	<b>\$2</b>
Cheese	<b>\$3</b>	<b>\$3.50</b>	<b>\$3</b>
Egg & Mayo or Curried	<b>\$3</b>	<b>\$4</b>	<b>\$4</b>
Chicken	<b>\$3.50</b>	<b>\$4</b>	<b>\$4</b>
Ham	<b>\$3.50</b>	<b>\$4</b>	
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Chicken & Salad	<b>\$4</b>	<b>\$4.50</b>	<b>\$4.50</b>
Ham & Salad	<b>\$4</b>	<b>\$4.50</b>	<b>\$4.50</b>
Egg & Mayo or curried & salad	<b>\$4</b>	<b>\$4.50</b>	<b>\$4.50</b>

**Salad Bowl \$5**

Choice of Chicken – Egg - or Ham, with Lettuce, tomato & cucumber Mayo or French dressing

\*We use 97%fat free Chicken & Low Fat Cheese.

**Did you know?**

We promote healthy eating & follow the Star Choice, National Heart foundation & Canteen Traffic Light Healthy Food Guidelines.

All our Pies & Sausage Rolls are low in fat & salt.



**Please Note**

Some of the prices have increased.

Unfortunately because of time restraints, if order is late (after 9.30am) or wrong, the child will be given a cheese sandwich at the cost of \$3.00 then the family will be charged for the amount owing.

**Please provide a lunch bag or you will be charged 10c for a bag.**

**If your child has no money for a lunch bag then the lunch order will be charged to pay for the lunch bag.**

Thank You

